

# Knitting Patterns



Updated 20/04/2023

# Information

Our clothing packs come in 5 different sizes and each gown is paired up with carefully sized items that complement each gown. These measurements are the guide that we use to determine which items are used for each size. You may need to alter the patterns or stitch numbers slightly depending on your tension as this is unique you. When making blankets please make sure that the holes are small enough that your finger doesn't not fit through it.

Size	Hat Circumference	Hat Height	Bootie Sole length	Blanket Size
Micro	3.5"	1.5"	Not required	Not required
Tiny	4" to 4.5"	2.5" to 3"	1"	18"
Small	4" to 4.5"	3" to 3.5"	1.25"	19"
Medium	9"	3.5" to 4"	1.5"	20"
Large	11.5"	4" to 5"	2.5" to 3"	22"
Extra Large	12.5"	5" to 6"	3" to 3.5"	24"

We can only use items that are made from traditional baby colours. These are Pale Pink, Pale Blue, Lemon, White & Cream. Any items that are made in the 'Micro' or 'Tiny' size must be white or cream. Please avoid using blue and pink in the same item (eg. a pink & blue blanket). If using variegated or self-striping wool, matching Hats & Booties must also be made as they are impossible to match otherwise. We always prefer to receive match hat, bootie & blanket sets. Please do not add any pom poms or embellishments to items that you have made.

Please make sure matching sets are joined together, and that all booties are also separately joined together. All items should be washed in Non-Bio washing detergent without fabric conditioner. Please try to keep packaging to a minimum as we have to pay to dispose of our waste in the same way any other business/charity does. This includes putting items in lots of separate bags, tissue paper, packing peanuts, bubble wrap etc.

If you would like an acknowledgement that we have received your parcel, please include a list of items inside the package that your parcel contains, and include a contact email address. Due to the large volume of parcels that we receive we are unable to acknowledge parcels in any other way.

**The address to post your items to is:**  
**Cherished Gowns UK**  
**7 Park Place**  
**Dover**  
**Kent**  
**CT16 1DF**

<b>m1</b>	make 1 stitch by knitting into the front and back of stitch.
<b>p</b>	Purl
<b>St</b>	Stitch
<b>St.st</b>	Stocking stitch (one row knit, one row purl)
<b>2x2 rib</b>	K2, p2
<b>mb3</b>	K1,p1,k1 into stitch, turn, p3,turn,k3, pass sts 2&3 over first st
<b>K2tog</b>	k 2sts together
<b>yf</b>	bring yarn to front of work
<b>yb</b>	take yarn to back of work
<b>yo</b>	bring yarn over to make a stitch
<b>Ssk</b>	slip next 2sts onto right needle, slip left needle into them from L to R and knit together
<b>ESCO</b>	(Extra stretchy cast off) work a yo or yrn between each st. Passing the 2sts over each time.
<b>Dec</b>	Decrease
<b>Inc</b>	Increase
<b>k3tog</b>	knit 3 together
<b>Kfb</b>	knit in front and back of st
<b>M1</b>	Make 1
<b>MC</b>	Main colour
<b>P2sso</b>	Pass 2 slipped sts over
<b>P2tog</b>	Purl 2 together
<b>P2togb</b>	Purl 2 together in back
<b>P3tog</b>	Purl 3 together
<b>Pat</b>	Pattern
<b>PM</b>	Place marker
<b>Pssso</b>	Pass slipped stitch over
<b>Rem</b>	Remain(s)(ing)
<b>Rep</b>	Repeat(s)(ing)
<b>Rev St st</b>	Reverse stockinette stitch
<b>RS</b>	Right side
<b>S2KP/S2KP2</b>	slip 2 stitches together, knit 1, pass two slip stitches over
<b>Sk</b>	Skip
<b>Sk2p</b>	Slip1, k2tog, pass sl st over
<b>Skp</b>	Slip 1, knit 1, pass slipped stitch over
<b>Sl</b>	Slip
<b>Sl st</b>	Slip stitch
<b>Slip1-k1-pssso</b>	slip 1, knit 1, pass slip stitch over
<b>Sm</b>	Slip marker
<b>Ssk</b>	Slip, slip, knit
<b>St st</b>	Stockinette stitch
<b>St(s)</b>	Stitch (es)
<b>Tbl</b>	through the back loop
<b>Tog</b>	Together
<b>WS</b>	Wrong side
<b>Wyib</b>	With yarn in back
<b>Wyif</b>	With yarn in front

# Hats

## Micro Hat

This pattern makes hats that are approximately 1.5" high.  
White & Cream only.

**DK Yarn**

**3mm needles**

Cast on 20 sts

Knit 2 rows

8 rows of stocking stitch starting with a knit row

Next K2tog across (10)

P2tog across (5)



## Tiny Knitted Hat

This pattern will make Tiny sized hats.

**DK Yarn**

**Size 8 or 9 needles**

Cast on 28 stitches

Rows 1-3. Knit

Rows 4- 15. Starting with a knit row do 16 rows of stocking stitch (knit a row, purl a row)

Row 16. Knit 2 together (14 stitches)

Row 17. Purl 2 together (7 stitches)

Cut the wool and draw it up through the remaining stitches and fasten off, then sew the back seam up.



## Diamond Bonnet Pattern

**Size 1 (Small), Size 2 (Medium), Size 3 (Large)**

Can be knitted with 4ply and on size 11 (3mm) needles or with DK on size 11 (3mm) needle, which comes out as the second size.

**Cast on 41 sts**

**Rows 1-4.** Knit

**Row 5.** K1, \* y.fwd, sl1, k2tog, p.s.s.o, y.fwd, K3 repeat from \* to last 4 sts, y.fwd, sl1, K2tog, pssso, y.fwd, K1.

**Row 6.** Purl

**Row 7.** \* K2tog, y.fwd, K1, y.fwd, K2 tog,t.b.l , K1, repeat from \* ending K2tog, y.fwd, K1, y.fwd, K2tog.t.b.l

**Row 8.** Purl

**Row 9.** K4, \* y.fwd, sl1, K2tog, p.s.s.o, y.fwd, K3, repeat from \* ending K1

**Row 10.** Purl



**Row 11.** K3, \* K2tog, y.fwd, K1, y.fwd, K2 tog.t.b.l, K1 repeat from \* ending K2

**Row 12.** Purl

Repeat rows 5-12 then repeat rows 5- 8.

#### **To shape the crown**

**Row 1.** (K3, K2tog) 8 times, K1

**Row 2.** Purl

**Row 3.** (K2, K2tog) 8 times, K1

**Row 4.** Purl

**Row 5.** (K1, K2tog) 8 times, K1

**Row 6.** Purl

**Row 7.** (K2tog) 8times, K1 (9sts)

Break off yarn and thread through remaining stitches, draw up and fasten off securely. Starting at the crown join the seam to about halfway and fasten off.



#### **SIZE 3 (Large)**

Can be knitted with DK on size 10 needles (3.25mm)

**Cast on 41 sts**

**Rows 1-4.** Knit

**Row 5.** K1, \* y.fwd, sl1, k2tog, p.s.s.o, y.fwd, K3 repeat from \* to last 4 sts, y.fwd, sl1, K2tog, pssso, y.fwd, K1.

**Row 6.** Purl

**Row 7.** \* K2tog, y.fwd, K1, y.fwd, K2 tog.t.b.l, K1, repeat from \* ending K2tog, y.fwd, K1, y.fwd, K2tog.t.b.l

**Row 8.** Purl

**Row 9.** K4, \* y.fwd, sl1, K2tog, p.s.s.o, y.fwd, K3, repeat from \* ending K1

**Row 10.** Purl

**Row 11.** K3, \* K2tog, y.fwd, K1, y.fwd, K2 tog.t.b.l, K1 repeat from \* ending K2

**Row 12.** Purl

**Repeat rows 5-12 then repeat rows 5- 10.**



#### **To shape the crown**

**Row 1.** (K3, K2tog) 8 times, K1

**Row 2.** Purl

**Row 3.** (K2, K2tog) 8 times, K1

**Row 4.** Purl

**Row 5.** (K1, K2tog) 8 times, K1

**Row 6.** Purl

**Row 7.** (K2tog) 8times, K1 (9sts)

Break off yarn and thread through remaining stitches, draw up and fasten off securely. Starting at the crown join the seam to about halfway and fasten off. Attach ribbons.

## Tiny Twists Hat

Medium size

**Size 3 needles**

**4ply yarn**

Cast on 40sts & join in round

**Row 1-8** (k2,p2) around

**Row 9** (LC, p2 , k2, p2) around

**Row 10-12** (k2, p2) around

**Row 13** (k2, p2, RC, p2) around

**Row 14-16** (k2, p2) around

**Row 17** (LC, p2, k2, p2) around

**Row 18-20** (k2, p2) around

**Row 21** (k2, p2, RC, p2) around

**Row 22-24** (k2, p2) around

**Row 25** (LC, p2tog, k2, p2) around

**Row 26** (k2, p1, k2, p2tog) around

**Row 27** (k2 tog, p1, k2, p1) around

**Row 28** (k1, p1, k2tog, p1) around

**Row 29** (k2tog, p2tog) around

Cast off and weave in ends



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## Scalloped Bonnets

**4ply yarn**

**Small: 12 needles Medium: 10 needles Large: 10 needles**

Cast on 41sts (51sts for size 3)

Gt.st. 2 rows

### Pattern

**Row 1:** (k1, yfwd, k3, sl1, k2tog,psso, k3, yfwd) repeat to last st, k1

**Row 2:** p

**Row 3:** as row 1

**Row 4:** p

**Row 5:** as row 1

**Row 6:** k

Repeat these 6 rows once more (twice on size 3), dec 1, st at end of last row

### Shape crown

**Row 1:** (k8, k2tog) across row

**Rows 2, 4, 6 & 8:** p

**Row 3:** (k7, k2tog) across row

**Row 5:** (k6, k2tog) across row

**Row 7:** (k5, k2tog) across row

**Row 9:** k2tog across row

**Row 10:** p2tog across row, break yarn and thread through sts, pull up and fasten off. Sew back seam to end of pattern section.



## Bell Hat

4ply

Small: Size 11 (3mm) needles

Cast on 41sts

Row 1: k

Row 2: p

### Picot edge row

K1 (yfwd, k2tog) repeat across row

Row 5: p

Row 6: k

Row 7: p



### Bell pattern

Row 1: (k1, yfwd, k3, sl1, k2tog, pss0, k3, yfwd) repeat to last st, k1

Alternate rows purl

Row 3: (k2, yfwd, k2, sl1, k2tog, pss0, k2, yfwd, k1) repeat to last st. K1

Row 5: (k3, yfwd, k1, sl1, k2tog, pss0, k1, yfwd, k2) repeat to last st, k1

Row 7: (k4, yfwd, sl1, k2tog, pss0, yfwd, k3) repeat to last st, k1

Row 9: k5, mb (k9, mb) to last 5sts, k5

Row 10: p

St.st. 6 rows ending with a purl row

### Back shaping

Row 1: (k6, k2tog ) repeat to last st, k1

All alternate rows purl

Row 3: (k5, k2tog ) repeat to last st, k1

Row 5: (k4, k2tog ) repeat to last st, k1

Row 6: (p2tog) across row to last st, k1

Row 7: (k2tog ) repeat to last st, k1

Break yarn and thread through sts, pull up and fasten securely, sew back seam for HALF the length only.

# Booties

## Diamond Bootie Pattern

The pattern for the booties is the same for each size you just need to match the size of the needles you have used for your bonnet.

**Cast on 17 stitches.**

**Rows 1-4:** Knit

**Row 5:** K1, \* y.fwd, sl1, k2tog, p.s.s.o, y.fwd, K3 repeat from \* to last 4 sts, y.fwd, sl1, K2tog, pssso, y.fwd, K1.

**Row 6:** Purl

**Row 7:** \* K2tog, y.fwd, K1, y.fwd, K2 tog,t.b.l , K1, repeat from \* ending K2tog, y.fwd, K1, y.fwd, K2tog.t.b.l

**Row 8:** Purl

**Row 9:** K4, \* y.fwd, sl1, K2tog, p.s.s.o, y.fwd, K3, repeat from \* ending K1

**Row 10:** Purl

**Row 11:** K3, \* K2tog, y.fwd, K1, y.fwd, K2 tog.t.b.l, K1 repeat from \* ending K2

**Row 12:** Purl

**Row 13:** Eyelets for your ribbon ( I don't always put ribbon on but still do the eyelets) K1, \* y.fwd, K2tog, repeat from \* to end.

**Row 14:** Purl

**Row 15:** K11, turn

**Row 16:** K5, turn, then knit 8 rows on these 5 sts.

Rejoin your yarn to inside group of sts that are left on the right hand needle, with the right side facing knit up 5 sts along the side of the foot then knit across the 5 sts on your needle, knit up 5 sts along other side of foot then knit across remaining 6 sts. You should now have 27 sts on your needle. Now knit 3 rows on these 27 sts.

## Shape foot as follows

**Row 1:** ( K1, K2tog, K8, K2tog ) twice, K1

**Row 2:** K1, K2tog, K to last 3 sts, K2tog, K1

**Row 3:** ( K1, K2tog, K5, K2tog ) twice, K1



## To make up

Use a flat seam and join seams. Thread ribbon through eyelets at ankle (if you choose).

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## Basic Booties

**DK Yarn**

**size 6 needles,**

Gauge 4 sts = 1" 7 rows=1"

cast on 22 stitches



**Rows 1-7:** garter stitch (knit back and forth)

**Row 8:** bind off 1st 2 sts, knit remainder

**Rows 9 - 11:** repeat row 8

**Rows 12 - 18:** garter stitch

**Row 19:** Bind off all remaining stitches. Cut yarn 10" long, thread onto needle.

To Finish Booties: weave yarn tail from top of bootie, down inside to top of foot, sew around foot top and toe then bottom of bootie. Fold top down and leave it open for ease of placing on feet.



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### 1" Booties

Tiny size

**4ply**

**3mm needles**

Cast on 17sts

K5 rows garter stitch K6 k2tog k1 k2tog K6

P5 p2tog p1 p2tog P5

K4 k2tog k1 k2tog K4

K1 up for 3 rows or more rows if you want to fold top down.

Don't stitch up the last three rows.



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### Large Booties

DK Yarn

3.75mm needles

Cast on 37sts

Gt.st.6 rows Decreasing

**Row 1:** p16, p2tog, p1, p2tog, p16

**Row 2:** k15, k2tog, k1, k2tog, k15

**Row 3:** p14, p2tog, p1, p2tog, p14

**Row 4:** k13, k2tog, k1, k2tog, k13

**Row 5:** p12, p2tog, p1, p2tpg, p12

**Row 6:** k11, k2tog, k1, k2tog, k11

**Row 7:** p10, p2tog, p1, p2tpg, p10 Ribbon holes K1, (yo, k2tog) across row work 1x1 rib for 8 rows (or garter/moss stitch for 8 rows)

Cast off loosely

Work crochet ties or add ribbons

Cast off



## Extra Large Booties

DK Yarn

3.75 needles

Cast on 43 sts Gt.st.6 rows Decreasing

**Row 1:** p19, p2tog, p1, p2tog, p19

**Row 2:** k18, k2tog, k1, k2tog, k18

**Row 3:** p17, p2tog, p1, p2tog, p17

**Row 4:** k16, k2tog, k1, k2tog, k16

**Row 5:** p15, p2tog, p1, p2tpg, p15

**Row 6:** k14, k2tog, k1, k2tog, k14

**Row 7:** p13, p2tog, p1, p2tpg, p13

**Row 8:** k12, p2tog, p1, p2tpg, k12

**Row 9:** Purl Ribbon holes K1, (yo, k2tog) across row work 1x1 rib for 8 rows (or garter/ moss stitch for 8 rows)

Cast off loosely

Work crochet ties or add ribbons

Cast off



# Blankets

## Sands Blanket with lace edge

This creates a basic blanket 24" square which is an Extra Large.

**200gm White DK Yarn**

**4mm/Size 8 needles**

Cast on 1 stitch

**Next row** – Make the one stitch into two stitches.

**Next row** – Knit 1, into the next stitch make another, 3 stitches on needle.

Continue to knit, ALWAYS knit the first stitch and into the 2nd stitch make another.

Only increase this way at the BEGINNING of a row.

Continue until you have almost come to the end of the 100gm ball.

Knit 1 row plain.

**Next row:-** Knit 1, Knit 2 together, Knit to end of row.

Continue this way, always knit the 1st stitch then decrease into the next stitch by knitting 2 together until 1 stitch remains.

You should now have a neat square.

## Lace edging/border:

Cast on 8 stitches

**Row 1:** (Wrong side) Slip 1, Knit 1, (Yarn fwd knit 2 tog) twice, Yarn fwd, Knit 2 (9 sts)

**Rows 2, 3, and 6:** Slip 1 Knit to the end.

**Row 3:** Slip 1, knit 2 (yarn fwd knit 1 tog) twice. Yarn fwd Knit 1 (10 sts)

**Row 5:** Slip 1, knt 3 (yarn fwd knit 2 tog) twice. Yarn fwd Knit 2 (11 sts)

**Row 7:** Slip 1, knit 4 (yarn fwd knit 2 tog) twice. Yarn fwd Knit 2 (12 sts)

**Row 8:** Slip 1, Knit 11 sts

**Row 9:** Cast off 4 sts. Knit to the end (8 sts)

**Row 10:** Slip 1, knit to the end (8 sts)

These 10 rows form the pattern. Continue in pattern until it is long enough to fit all around. Sew onto the blanket.

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## Simple Baby Blanket

**200g DK Yarn**

**4.5mm needles**

Cast on 4 stitches

**Row 1-3:** knit

**Row 4:** K1, k into front and back of next two stitches, k1. 6sts.

**Row 5:** sl1, k2, yo, k to end

Repeat row 5 until sides are required length.

Depending on your knitting tension, approximate sizes are:

For 18" blanket, 120 stitches

For 20" blanket, 134 stitches

For 22" blanket, 146 stitches

For 24" blanket, 160 stitches.

Next Row: sl1, k1, k2 tog, yo, k2 tog, k to end.

Repeat this row until 5 stitches remain.

Sl1, k1, k2 tog, k1 Cast off

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### **Twisted Rib**

**200g DK Yarn**

**4.5mm needles**

Cast on a multiple of 2 sts plus 3

**Row 1:** k1, \*k1 tbl, p1; rep from\* to last 2sts, k1 tbl, k1

**Row 2:** k1, p1 tbl, \*k1, p1 tbl; rep from \* to last st, k1

Repeat these 2 rows to form a pattern.

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### **Double Moss**

**200g DK Yarn**

**4.5mm needles**

Cast on a multiple of 2 sts plus 1

**Row 1:** K1, p1, k1, rep from \* to end

**Row 2:** P1, \*k1, p1, rep from \* to end

**Row 3:** As row 2

**Row 4:** As row 1

Repeat these 4 rows to form pattern

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### **Mini Cable**

**200g DK Yarn**

**4.5mm needles**

Cast on 9 sts per cable on a background rec st-st

**Row 1:** (RS) P8, K9, P9, K9, P8

**Row 2:** K8, P9, K9, P9, K8

**Row 3:** P8 CR4L, k1, CR4R, 4R, K2, Cr4L((left pattern), P9, Cr4L (right pattern), P8

**Row 4:** As row 2

Repeat these 4 rows to form the pattern.

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### **Chequerboard 20" blanket**

**200g DK Yarn**

**4mm needles**

Cast on 108 stitches

Garther stitch 18 rows

**Row 1:** K10, (K8, P8) 10 times, K10

**Row 2:** K10, (P8, K8) 10 times, K10

Repeat these 2 rows 4 more times

**Row 11:** K10, (P8, K8) 10 times, K10

**Row 12:** K10, (K8, P8) 10 times, K10

Repeat these 2 rows 4 more times.

These 20 rows form the chequerboard pattern. Repeat these 20 rows 5 more times.

Garter stitch 18 rows.

Cast off and weave in ends

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### **Baby Blanket 19" by GJ**

**200g DK Yarn**

**4mm needles**

This blanket has an integrated border in garter stitch

Cast on 105 stitches

Work 10 rows in garter

**Row 1:** K9, P1, K1, \* y.r.n P1, P3tog, P1 y.o.n, K1\* rep to last 10 sts, P1, K9

**Row 2:** K10, Purl to last 10 st K10

**Row 3:** K9, P1, Knit to last 10 sts, P1, K9

**Row 4:** As row 2

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### **19" Raised stripe Blanket by GJ**

**200g DK Yarn**

**4mm needles**

T2 = Purl 2 Tog but do not slip off needle, k2 tog into same stitches (2 stitches created) 1st & last 10 stitches from border

Cast on 104 sts & work 9 rows single moss stitch

**Row 1:** Moss st 9, P1, K to last 10 sts, P1, moss st 9

**Row 2:** Moss st 9, K1, P to last 10 sts, K1, moss st 9

**Row 3:** As row 1

**Row 4:** As row 2

**Row 5:** As row 1

**Row 6:** Moss st 9, K1, T2 to last 10 sts, K1, moss st 9

**Row 7:** As row 1

**Row 8:** moss st 9, K1, P1, T2 o last 11 st, P1, K1 moss st 9

These 8 rows form the pattern and continue to required length moss st 9 rows.

Cast off.

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## **Teardrop blanket by GJ**

**200g DK Yarn**

**4mm needles**

Gauge: 6 st = 1"

**Row 1:** Right side P4, YO, P2tog, Rep.

**Row 2, 4 & 6:** P1, K5 to last 5 sts, P1, K4

**Row 3 & 5:** P4, (K1, P5) to last 2 sts, K1, P1

**Row 7:** P1 (YO, P2tog, P4) to last 5 sts, YO, P2tog, P3

**Row 8, 10, 12:** K4, (P1, P5) to last 2 sts, P1, K1

**Row 9 & 11:** P1, (K1, P5) to last 5 sts, K1, P4

These 12 rows form the pattern, continue until desired length.

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## **Baby Blanket 2 by GJ**

This pattern needs to be worked with an odd number of stitches.

**200g DK Yarn**

**4mm needles**

Gauge: 6 st = 1"

Cast on 103 sts

**Row 1:** knit

**Row 2:** purl

**Row 3:** knit

**Row 4:** purl

**Row 5:** K1 \*P1 (leave yarn at the front), slip 1 purlwise. Repeat from \* to last 2 sts, P1, K1

**Row 6:** K1 \* P1, K1 to end

Repeat these 6 rows & add border of your choice

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## **Twisted baby blanket by GJ**

Cast on 103 sts

**Row 1:** Wrong side K2 \*P3, K3 to last 5 st, P3 K2

**Row 2:** P2 \*K3, P3 to last 5 sts, K3, P2

**Row 3:** As row 1

**Row 4:** K2 \* y.fwd, sl1, k2tog, pssso, y.fwd, k3, rep to last 5 sts, y.fwd sl1, k2tog, pssso, y.fwd, k2

**Row 5:** P2, K3, P3 to last 5 sts, K3, P2

**Row 6:** K2, P3, K3 to last 5 sts, P3, K2

**Row 7:** as row 5

**Row 8:** K2tog \* y.fwd, k3, y.fwd, sl1, k2tog, pssso, rep to last 5 sts, y.fwd, k3, y.fwd, k2tog, tbl

Continue to length required, cast off and make border of your choice.

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